

Before you write, open up a blank document, or a blank journal page to work through the following prompts.

First, think of any events in your life, both business and personal, that you identify as a failure and write them down.

Remember that no one but you will see this brain dump, so please be brutally honest with yourself.

After you've gathered these stories together, begin to work through this next section.

PART ONE

For this activity, either enter the text after the prompt, or, if you're handwriting your coursework, simply write out your answers on paper.

If there is someone you really care about that you would want to share your story with, what are the most important life lessons they should know?

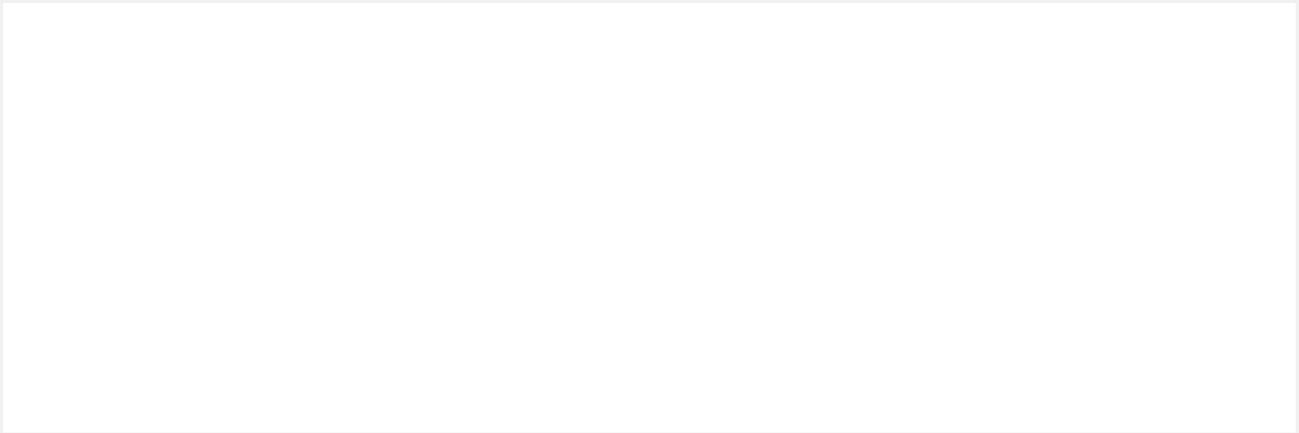
What would you want them to understand about you? Why?

What one, big, overarching idea do you believe your life story conveys? Why?

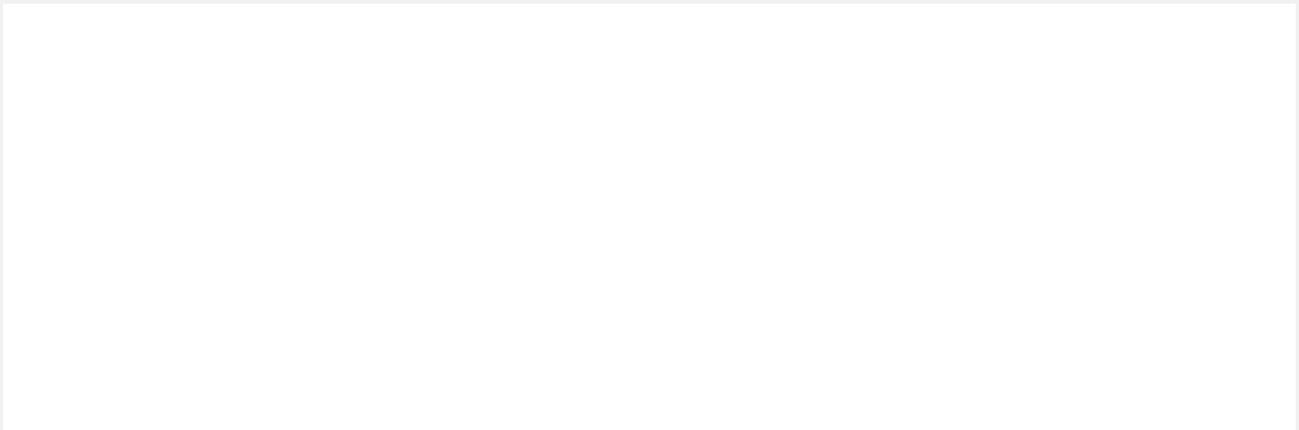


PART TWO

What is your biggest regret?



Why?



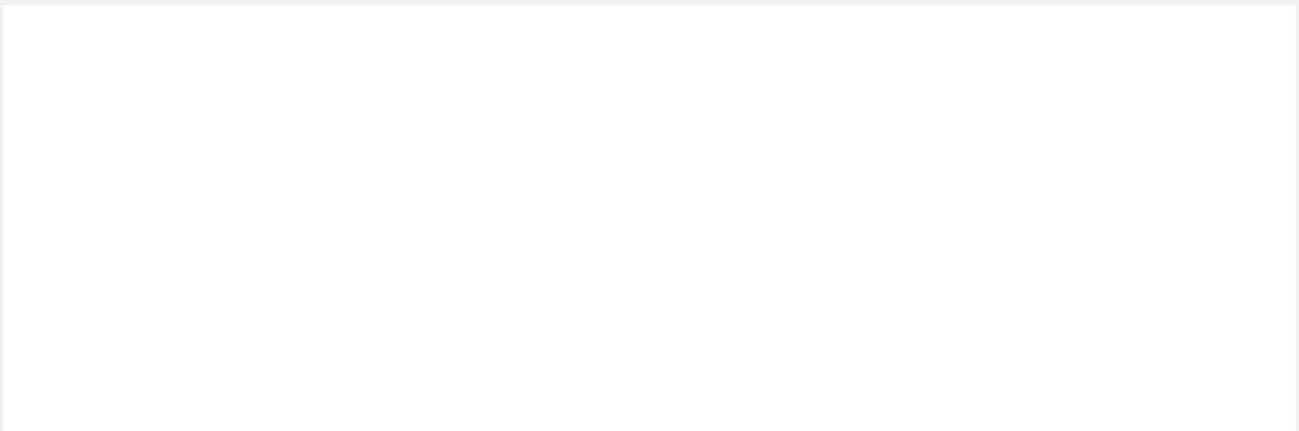
What were the impacts on your business and personal life?



What was the cost?



List the benefits in your life.



**Repeat the five questions above for any event in your life that you want to reframe, from “failure” to “life lesson.”*

I've included my [original book outline](#)¹ in the course materials for reference if you need some inspiration.

Below you'll find an outline template that you can use as a jumping off point. If you have more than four stories, feel free to keep going!

Your Outline

STORY 1

1. Opening
2. The story
3. What was the decision?
4. How did it go wrong?
5. How did it end?

STORY 2

1. Opening
2. The story
3. What was the decision?
4. How did it go wrong?
5. How did it end?

STORY 3

1. Opening
2. The story
3. What was the decision?
4. How did it go wrong?
5. How did it end?

¹ <https://drive.google.com/file/d/1GSCEF3SA100GzCEiZ7kl1t767t7VIY7/view?usp=sharing>